



Our exclusive caregiver training system – the Balanced Care Method™ – is based on studies of the longest living people on Earth

Closely supervised by care managers, Home Care Assistance caregivers are trained in our exclusive Balanced Care Method™ where they study nutrition, fitness and mental stimulation in order to enhance your loved one's overall health and quality of life.

The Cognitive Therapeutics Method™

Home Care Assistance proudly trains caregivers in our proprietary Cognitive Therapeutics Method™, a one-on-one activities-based program designed to keep aging minds sharp. Based on scientific research suggesting that mental stimulation is associated with slower cognitive decline, the program targets the five primary cognitive domains. The activities are fun and engaging, intended to not only keep clients mentally active, but also to improve their overall quality of life.

Our Mission

Our mission at Home Care Assistance is to change the way the world ages.

We provide older adults with quality care that enables them to live happier, healthier lives at home. Our services are distinguished by the caliber of our caregivers, the responsiveness of our staff and our expertise in home care. We embrace a positive, balanced approach to aging centered on the evolving needs of older adults.

Daily Care Experts. We specialize in around the clock care to help seniors live well at home.

Available 24/7. Care managers are on call for clients and their families, even during nights and weekends.

High Caliber Caregivers. We hire only 1 in 25 applicants and provide ongoing training and supervision.

Balanced Care. Our unique approach to care promotes healthy mind, body and spirit.

Cognitive Therapeutics. Our proprietary cognitive stimulation program addresses cognitive decline, building on our expertise in brain health.

No Long Term Contracts. Use our services only as long as you're 100% satisfied.

A Trusted Partner. We're honored to be Preferred Providers for professionals in both the medical and senior communities.

Peace of Mind. Independent industry surveys place our client satisfaction rate at 97%.

“Because living at home is the best way to live.”



1-866-454-8346
HomeCareAssistance.com

- Companionship and recreation
- Transportation and errands
- Light housekeeping
- Meal preparation
- Medication reminders
- Bathing, grooming and dressing



Home Care Assistance provides the most reputable and compassionate care professionals in the industry. We specialize in hourly and full-time care that enables older adults to maintain the lifestyle and freedom they deserve.

Relief and support for you, too
Home Care Assistance knows the effort and love you already put into caring for your loved one. We also realize there may be times in your busy schedule that you're simply unable to attend to his or her needs. Knowing a trustworthy caregiver is providing the best possible care to your loved one gives you peace of mind and allows you to enjoy your own time again. Professional help will improve your overall well-being as well as the quality of time you spend with your loved one.

You can trust our caregivers to be the very best
Home Care Assistance caregivers are experienced, rigorously-screened and passionate about caring for others. We run thorough background checks on our caregivers, including local and national criminal records, driving records and employment authorization verification. We even administer a psychological examination, developed by Ph.D. psychologists, to test each caregiver for

honesty and conscientiousness. Our caregivers are bonded and insured and monitored by Client Care Managers who ensure they are providing the highest caliber of care to our clients.

We specialize in Daily Care
Daily care provides older adults with full-time, around the clock care. Clients and their families can enjoy peace of mind knowing that reliable caregivers are consistently monitoring safety, attending to any immediate or daily needs and providing companionship.

**"We Will Be There"
Guarantee**

Wherever you are, 24 hours a day, 7 days a week, 365 days a year, we are at your service. Whether it's changing your caregiver's schedule or dealing with an emergency, we are just a phone call away. Home Care Assistance requires no long-term service commitment.



We help your loved one maintain freedom and a well-deserved quality of life.

Seniors can live at home independently with the best trained caregivers
Millions of seniors use home care to remain independent as they grow older. Home Care Assistance allows seniors to live safely and comfortably where they most want to be: at home.



Contact us today to schedule a free consultation to determine how we can best serve your family.
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